



Teach The Teacher worldwide online – How do we humanize online teaching?

October 13th 2021
October 20th 2021
October 27th 2021
November 3rd 2021

Dear colleagues,

In March 2020, when the Covid pandemic was declared, our medical training courses had to undergo a shift towards digitalization.

In this process, as teachers, it was necessary to develop new skills, create new ways of teaching, and work to redesign our course programs so that we could create an environment that would allow us to experience the warmth of encounter, but now through screens. The guiding question was: how can we transfer the spirit of anthroposophic medicine without being able to be physically present?

This question led us to delve deeper into the following four areas, which we would like to share in this digital version of TTT 2021:

- creating healthy rhythms and varied teaching methods to help people stay engaged with online learning
- designing online modules that include hygienic exercises, in order to maintain and strengthen the health forces of our students
- ways to approach the sharing of artistic therapies and experiences when they must be digitalized
- the creation of a trusting environment that is conducive for both teaching and learning.

For this purpose, we will hold four online meetings.

We are grateful that what was a crisis, which required unexpected changes, has also become an opportunity. We hope that this TTT online module can also reach teachers who, for various reasons, cannot come to our face-to-face meeting in Dornach.

Warm greetings!

Team

Adam Blanning, physician, course director of U.S. Anthroposophic Medical Training

Michael Evans, physician, course director of English Training in Anthroposophic Medicine

Mariela Gatica Valdes, physician, course director of Argentinian Anthroposophic Medical Training

Franziska von Nell, art therapist therapeutic speech formation and drama

Laura Piffaretti, art therapist music therapy, International Coordination of Anthroposophic Arts Therapies

Marina Rykina, physician, educator in Russian Anthroposophic Medical Training and in Russian International Postgraduate Medical Training

Christina Spitta, physician, International Association for Anthroposophic Body Therapy

Diethard Tauschel, physician, cooperative director Integrated Curriculum for Anthroposophic Medicine, Witten/Herdecke University, Germany

Program

WED, October 13th, 2021, 2:00 – 4:00 PM CET (Central European Time)

Creating healthy rhythms and varied teaching methods to help people stay engaged with online learning

Adam Blanning & Michael Evans

Introduction by Georg Soldner and Jan Feldmann

This session will focus on sharing suggestions, best (known) methods, and personal experiences from the organizers of a variety of online medical training courses in the UK and US.

WED, October 20th, 2021, 2:00 – 4:00 PM CET (Central European Time)

How do we maintain and strengthen life forces when teaching online? Hygienic exercises, moving together.

Marina Rykina & Christina Spitta

Which short, simple exercises can I use for online teaching to enable refreshment, new powers of concentration and a better body feeling in between? We will handle this question together with an impulse lecture, small exercises, in small group work with reports, including perspectives on methodology and didactics.

WED, October 27th, 2021, 2:00 – 4:00 PM CET (Central European Time)

How do we bring art therapy interventions in music and language online to experience?

Franziska von Nell & Laura Piffaretti

Using a case study, we practice art therapy approaches in different methods. Our own perceptions will be reflected in plenary and will, as a form a foundation, lead us to judging online possibilities for teaching and learning situations.

WED, November 3rd, 2021, 2:00 – 4:00 PM CET (Central European Time)

How do I create an online teaching environment that is trusting and conducive to teaching and learning?

Diethard Tauschel & Mariela Gatica Valdes

Online: how do I make the most of it? According to the motto: Relationship is everything! we want to deal with: How do I build relationships online? How do I enable participants to connect with each other?

To this end, helpful design options with regard to technology, behavior and modalities of cooperation will be presented and deepened together. In addition, we will turn to anthropological foundations in accordance to the challenge of online teaching and learning with their reduced human encounter.