



Online-Webinar 2025
Painting & Sculpture

«Listening to the heart»

Perceiving etheric heart forces in
our own biography



'Emanation of the wordless poetry of an angel'
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From and for Anthroposophic Arts Therapies
in the field of painting and sculpture

17 May 2025

Dornach, January 2025

Dear visual art therapy colleagues,

Following our joint online conference this year, which was aimed at all three departments, Speech, Music and Visual Arts, we asked you what you needed most, what your requirements were for future online conferences. Based on the results of this survey, we have now decided to organize a conference on painting and sculpting, to which we would now like to invite you!

The online conference will take place on 17 May 2025, 15:00-21:30 CET.

We would like to invite you to listen to the two keynote lectures as well as short testimonials from participants, recorded at the 25th International Study Days for Art Therapies at the Goetheanum from January 9-12, 2025. This will be followed by a self-directed offline part, in which we encourage you to work with exercises given in workshops at the Dornach conference. Afterwards, there will be an online opportunity for sharing and exchanging ideas. This will happen first in small online groups. Results in form of short contributions will be then shared with all participants in the online plenum with all participants.

The title of the Online-conference will be: *'Listening to the Heart' - Perceiving Etheric Heart Forces in your own Biography*. Same as the January conference in Dornach.

To get you into the right spirit for the online conference: We are dedicating this conference to the etheric forces of the heart, as they unfold during the three seven-year periods, from 21 to 42. Our task is to perceive more finely and listen to the heart!

Within this call lies the task of listening to our own finely pulsating heart and developing our powers of intuition. This is also the key to empowering our patients to listen to their own heart and thus shape their own life's path.

Obstacles and crises appear in these years of life as both inner and outer abysses. At the same time, they can also develop into key moments for taking hold of one's biography and life in an "I"-like manner. They are often accompanied by deep spiritual experiences.

If we look at social change, the physical, mental and spiritual phenomena of younger generations, and the questions they bring, we recognise the need for creating new paths and answers. The relationship of the earthly and the spiritual—reflected in the form of the human physical body and in the form of a living spirituality in the being of love, the Christ—becomes more urgent.

This is where we, as therapists, are called upon to create warm relationship-spaces and raise our therapeutic attitude and ability to a new level. How can we support and enable such listening to the heart's forces in order to give meaning, courage and hope?

These topics are suitable for all phases of life and for clients of all ages, as they help us develop a deeper understanding of biography, in the sense of the biographical U.

In practical terms, please have all the usual materials to hand that we normally work with in painting and sculpting therapy. In other words, clay and the respective tools, watercolors, pastels, pencils and the appropriate paper and equipment.

We look forward to sharing the January study days with you in this particular way and thus making them accessible to our network and all of you colleagues worldwide. Registration will be open from mid-January.

Best wishes from the preparatory team

Heliana Cardona, Gabriela Osman, Linda Teipen

Programme

The languages available for the conference are English and Spanish. A German translation will not be provided.

Daytimes around the globe in colour: **Central Europe** / **Colombia** / **Argentina**

15.00 / 08.00 / 10.00	Welcome Introduction to the theme and brief introduction ICAAT
15.15 / 08.15 / 10.15	«Dornach direct» Presentation of short interviews from the conference in January 2025
15.45 / 08.45 / 10.45	Lecture Boris Krause Man on the threshold, changes in the human constitution
17.15 / 10.15 / 12.15	Introduction to individual working time and presentation of exercises
17.45 / 10.45 / 12.45	Individual working time and break
19.15 / 12.15 / 14.15	Short introduction exchange in break out rooms
19.20 / 12.20 / 14.20	Break out rooms- Exchange
19.50 / 12.50 / 14.50	Short break
20.05 / 13.05 / 15.05	Plenum and short contribution from our exchange
20.35 / 13.35 / 15.35	Lecture Katja Schultz How our hearts speak
21.35 / 14.35 / 16.35	Conclusion and farewell

Prices and Registration

The online conference will be held live in ZOOM and will not be recorded.

Regular price CHF 40 -> [LINK](#) to registration

***Reduced price CHF 10** -> [LINK](#) to registration

*The reduced price is aimed at participants from low-income countries. When booking, please bear in mind that CHF 10 does not cover the costs per participant for the event.

When registering, please write in the '**Comments**' field whether you would like to attend the event in Spanish or English. This information will help us to organise the break-out rooms.