



**Online cycle
on pregnancy and early childhood 2021**
CARE I subject area of the Medical Section at the Goetheanum

Dear colleagues from medicine, early years education, early intervention and social work,

Although we have had to postpone the early years conference "The dignity of the small child" to 2022, we are pleased to be able to offer worldwide in May and June 2021 five online dialogue events and lectures in German or English on the subject of pregnancy and early childhood, each with translation into three languages (German, English, Spanish):

"Here you can thrive"
Creating a trustful atmosphere in early childhood

The contributions of approx. 60 minutes duration will each be available from 20.00 on the specified date. On the Wednesday of the subsequent week, we then offer the opportunity in the morning at 8.00 and the evening at 18.00 for discussion in small groups in German, English and Spanish (all times CET).

The fee for all five events, incl. the discussion sessions, is 100 euros, for students and all those living in countries with difficult economic conditions (e.g. Eastern Europe, South America) 35 euros. The sponsorship fee to support the Section's activities is 200 euros.

You can access the booking via the [Media Library of the Medical Section](#).

The members of the "Care 1" Working Group (Pregnancy, Birth and Early Childhood) of the Medical and Pedagogical Sections of the School of Spiritual Science at the Goetheanum look forward to your active participation!

Warm regards

Claudia Grah-Wittich, Cristina Meinecke, Lourdes Tormes, Silke Schwarz, David Martin, Christoph Meinecke, Florian Osswald, Philip Reubke and Georg Soldner

For the Preparatory Group, the Pedagogical Section and the Medical Section

Programme for online cycle

7 May 2021
from 8 pm CET

Becoming a family - Supporting parents-to-be during pregnancy and breastfeeding
Cristina und Christoph Meinecke and Inge Heine (German with Translation)

Discussion in small groups: 12 May, at 08.00 and 18.00 (CET)

14 May 2021
from 8 pm CET

Helping children find rest
Adam Blanning (English with Translation)

Discussion in small groups: 19 May, at 08.00 and 18.00 (CET)

21 May 2021
from 8 pm CET

Creating places of energy for children
Georg Soldner in conversation with Claudia Grah-Wittich (German with Translation)

Discussion in small groups: 26 May, at 08.00 and 18.00 (CET)

11 June 2021
from 8 pm CET

„Screen-free-till-three“ – growing up healthy with the digital world, with tips for parents
Pia Doegl in conversation with Silke Schwarz and David Martin (German with Translation)

Discussion in small groups: 16 June, at 08.00 and 18.00 (CET)

18 June 2021
from 8 pm CET

Confidence, calm, and cheerfulness – finding the inner resources the small child needs from us
Philipp Reubke in conversation with Nomathemba Tindlini (English with Translation)

Discussion in small groups: 23 June, at 08.00 and 18.00 (CET)